Minutes of the Council on Aging Meeting Wednesday, March 8, 2023 10:30 AM The Barn

The meeting was called to order by Chairperson, Georgette Kinney. Also present were Cory Hines, Peg Muskrat, Donna Bersch and Linda Warner. The minutes of January 11, 2023 were approved.

A Luncheon Calendar through June and July was discussed. July and August there will be no lunches except for the Grab and Go lunches for (10 or so) "people in need". September will be a get together luncheon and COA meeting beginning at 10:30 at the barn. An "Hour of Music" organized by Pamela Knowles will take place at Sara's Place on Sunday April 16th from 4:00-5:00 in the afternoon.

Cory Hines will be in charge of a "Paint Out" taking place at the Greenagers property on Saturday, May 20, 2023, with artist Ellen Murtaugh. The program will be limited to 30 painters. We are hoping to have youngsters, parents and grandparents participating. Young people from ages 6-12 years of age will be required supervision by an adult. The program will take place outside near the barn at Greenagers, "a way to use the landscape to inspire". A contribution to Greenagers will be given. Leaders will have 30 sets of supplies available.

Peg reminded us that a coffee hour at Moms will be tomorrow at 9:00 AM and continue to be held there every other Thursday.

Pamela will continue with her integrative movement for senior's class, to be held each Tuesday at 9:30 am via zoom. She is hoping to get more participants as the word spreads of the availability of the class. Suggested donation is \$10.00.

All the Adult Playground units, to be installed in French Park, have been ordered by Georgette and Peg and hopefully, will be delivered in the spring. The taxi grant is working out very well.

It is hopeful we can include some "senior outings" this spring and summer. Destinations might include Saturday mornings at Tanglewood, The Norman Rockwell museum and Shaker Village outings.

The search for affordable housing in Egremont was discussed and some properties are being considered by the Selectmen.

The COA will meet next at The Barn on Wednesday, April 5th at 10:30 AM before the inside luncheon begins at noon.

Respectfully submitted,

Linda Warner